PHOENIX DETACHED YOUTH PROJECT

Initiated by young people and creatively delivered for young people

MISSION STATEMENT

Working with young people to develop their ideas and supporting their life choices and education

investing in children

Charity number 1106223

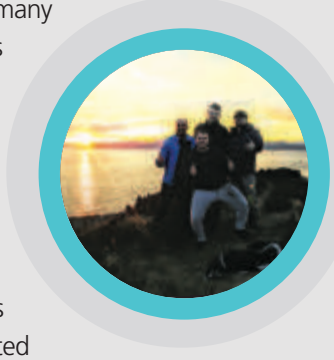
ANNUAL REPORT 2020

PHOENIX DETACHED YOUTH PROJECT

FOREWORD

Welcome to the Phoenix Detached Youth Project 2020 Annual Report. This report covers April 2019 – March 2020. At the time of writing this it looks highly likely that we will be postponing the AGM and Open Day until the current restrictions regarding Covid 19 are relaxed. However, as you would all expect Mike, Becky, Luke and the team have had another busy and successful year working with our partner agencies in supporting young people both in the local area and beyond. I am sure you will enjoy reading about some of this amazing work and about the many successes that young people working with the project have achieved.

At last year's open day, we were lucky to have representatives from some of our partner agencies talking about the work and the young people they had been involved with. Without exception they spoke with enthusiasm and emotion about the difference this work made to young people's lives. We also heard from a wonderful young man who had successfully completed an apprenticeship and had gained employment through his involvement with Phoenix. This is what Phoenix Detached Youth Project is about and it is why, with huge thanks to our funders and supporters and many partner agencies the project goes from strength to strength. You are all an integral part of this team and this work could not happen without you!



Our thanks also go to the mayor and local councillors, our Trustees including several, much appreciated new members, who give their time and commitment so generously, our volunteers and young ambassadors, and of course, to all of the amazing young people who make Phoenix Detached Youth Project the success that it is. It's all about you!

Jane Cook – Chair Person

Achievements of the year

1. We have contacted and built long-term relationships with 368 different young people (198 males and 170 females).
2. This year we have successfully supported 27 young people into work and 12 into training.
3. The Helping Hands group in partnership with Connexions North Tyneside continues to be a valued Borough wide provision that has supported 65 young people with their mental health and emotional wellbeing this year.
4. The mental health ambassadors consulted with other young people to compile a list of useful mental health resources, including face to face support, websites and Apps. This led to the group creating the 'Help Yourself' leaflet. 10,000 leaflets to date have been distributed across North Tyneside to young people. This was in partnership with North Tyneside's youth participation team and funded by Healthwatch, North Tyneside.
5. One of our ambassadors went on Radio Newcastle to talk about knife crime and actions and consequences for young people. This was a very courageous thing to do and was a result of the loss of her own brother to knife crime.
6. We continue to build positive relationships with local businesses. This has resulted in £3,500 of funding in kind to allow young people to gain valuable qualifications in the construction industry, whilst also supporting young people into apprenticeships and work and this year we have had record results.
7. We continue to deliver the health and wellbeing contract on behalf on North Tyneside Council Public Health in the NE29 area.
8. The 'ToGetHer' project for isolated young women has gone from strength to strength with 26 young women involved this year. Some of the women took part in a successful women's residential with Active North Tyneside in February.
9. The partnership with Active North Tyneside (North Tyneside Council) has successfully worked with a range of different cultures, inspiring young people's understanding of each other via the Butterflies and Lions group. In addition to this gym passes have been issued to 22 females and 20 males.
10. We continue to work closely with VODA. This partnership which gives vital support to us with; funding, finance and links to businesses.

DETACHED YOUTH WORK

The value of creative dialogue on the streets with young people in their own environment and at their pace continues to be extremely effective. This is our 16th year of listening to young people and creating a flexible, responsive service, of which young people can relate. This allows young people to discover the PDYP is whatever they want it to be. We asked a young man for a quote after helping him gain qualifications and work which sums up the value of a long-term relationship and building trust between detached youth workers and young people over a number of years, he said;

"I feel that the Phoenix Detached Youth Project work team is very beneficial for people my age (16-25 years old). They have helped me previously achieve qualifications, that has also led me into full time work. They have previously helped me when I was younger, chatting on the streets and doing activities, that has stopped young people from causing trouble around the area. So, I personally think the PDYP is very beneficial for the youth in our area in so many ways". **Male, 24**

We have supported local young people to organise four street events at the Phoenix Bowl (a local skate park which young people helped create). All of the events have been a great success in partnership with Active North Tyneside with over 150 young people taking part.

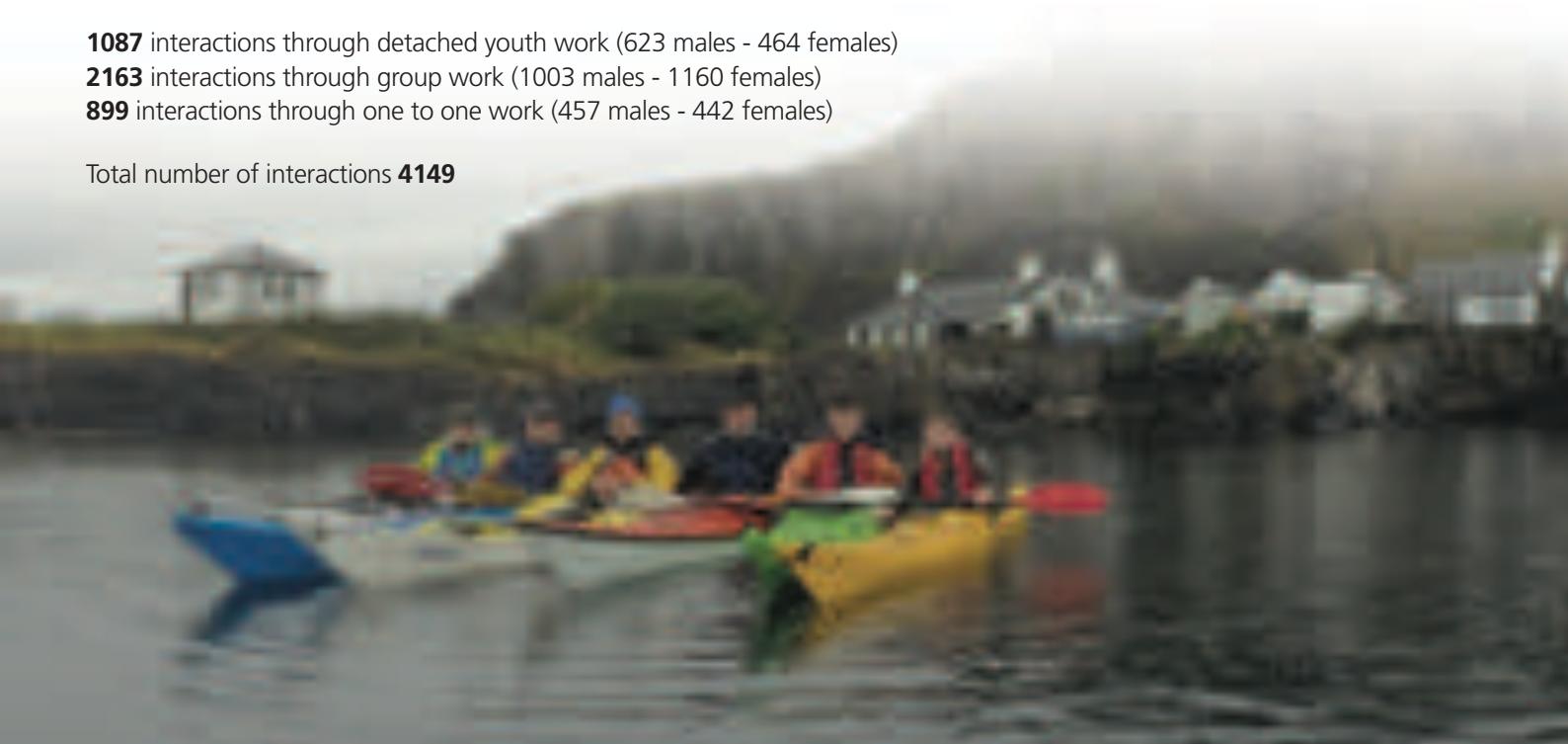
Male new contacts (12-19yr olds)	**96**
Male new contacts (20-25yr olds)	**16**
Female new contacts (12-19yr olds)	**86**
Female new contacts (20-25yr olds)	**16**

Male existing contacts (12-19yr olds)	**72**
Male existing contacts (20-25yr olds)	**14**
Female existing contacts (12-19yr olds)	**49**
Female existing contacts (20-25yr olds)	**19**

Total number of different young people is 368 (198 males and 170 females)

1087 interactions through detached youth work (623 males - 464 females)
2163 interactions through group work (1003 males - 1160 females)
899 interactions through one to one work (457 males - 442 females)

Total number of interactions **4149**



PHOENIX DETACHED YOUTH PROJECT

YOUNG PERSON LED ACTIVITIES AND GROUP WORK

APACHE HELICOPTERS

This group of young lads are named after their love of war games and because they are always flying about, when on activities.
They have been involved for several months now, after popping into the office one afternoon to see what they could do. They are a high energy group who love to do activities such as trampoline parks and laser quasar, and we are excited to see what ideas they come up with in the future.

BUTTERFLIES AND LIONS

There is something incredibly special and uplifting about watching a wide range of different cultures sharing experiences together. This is what happens at the Butterflies and Lions group, a mixed sport clubs which meets every 2 weeks. Most of them are also in the Club 1 lads and ToGetHer groups. This has allowed them to spend time on weekends away developing these relationships. These sessions have helped them to review their own values, beliefs and attitudes towards others and taught them the benefits of acts of kindness to other young people.

DUNGEONS AND DRAGONS

This group was formed as a result of young people from different groups expressing an interest in Dungeons and Dragons, but that the main groups they knew of where they could join in were in Newcastle which they felt was too far for them to go. The group meets once a month and it has been great to see new young people getting involved and mixing with young people they hadn't previously known, but through a shared interest whilst enjoying spending time together.

HISSTORY

The Hisstory group (His Story) is a group we set up with the goal of creating an environment for isolated young men to meet, participate in activities and forge new friendships. Since its inception in late 2019, we have successfully organised monthly activities, including; laser quasar, trampolining, rock climbing and an escape games room. The young men are starting to bond with each other now and are taking a much more proactive role in planning their activities, with the hopes of doing a residential in 2020.

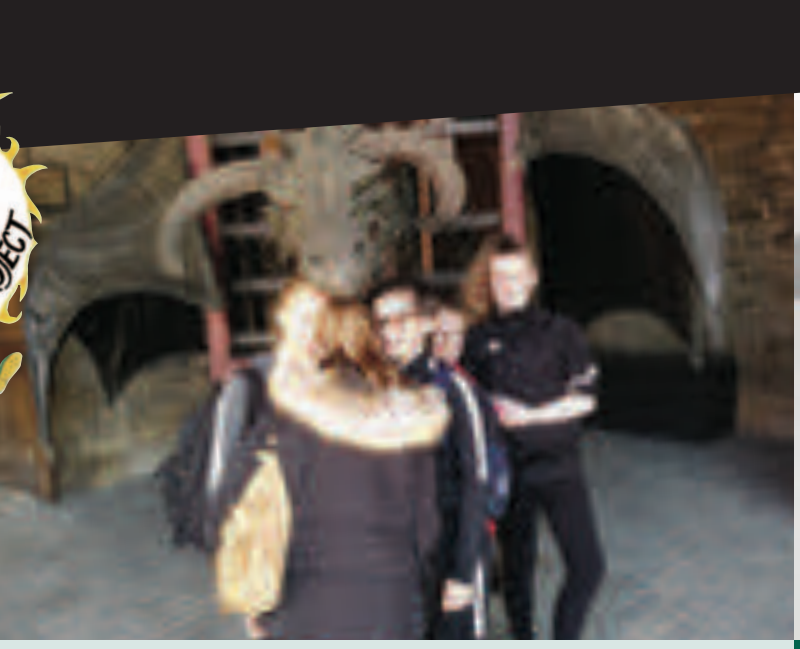
THE FUNNY SHAPED BALL PROJECT

This year an asylum seeker who accessed the PDYP, was supported by the Newcastle Falcons, who provided him with a full rugby kit so that he could play as a prop for North Shields Rugby Club. Another two young people volunteered on a cold December day to collect food donated by the Falcons community for the PDYPs Acts of Kindness campaign. This resulted in a significant number of food parcels for local young people. Some were made up as food hampers for families who won them as part of a Christmas raffle. The Newcastle Falcons players also visited over the summer to decorate the projects office and sort out our canoe and kayak equipment store. This was part of their charity week as part of their corporate responsibility.

We were invited to the Newcastle Falcons Rugby Foundations 15th year celebrations, along with three young people from the project who had volunteered at the Falcons. The PDYP was celebrated at this event as one of their Community Champions.

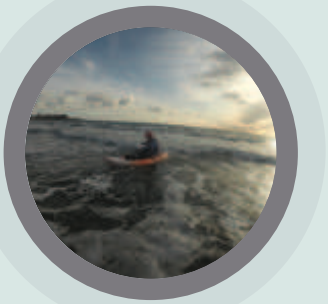
JUNIOR JOCKEYS

This group of young women came together as one of the group members' mam was involved with the PDYP when she was younger and used to bring her on the parenting trips. She has such a good memory that when their group went on a residential to Beadnell she could remember which room her family had stayed in when she was younger. To have young people involved



through the generations is fantastic. The group members all attend different schools and colleges so to spend social time together through the Phoenix DYP is important for them. As well as a residential to Beadnell they raised money through The Key, and this enabled them to go to Inflatanation and a horse-riding session. They did this even though some of the group were petrified of horses as they wanted to challenge themselves and overcome their fears.

THE KUMQUATS



This is a group in their late teens. They have been involved in the PDYP since they were younger and part of different groups. Through mixing with other groups at the PDYP, they formed new friendships, which led to them setting up the Kumquats. This year they have been on a number of smaller activities, which led to a residential stay at Beadnell bay in November. While there, alongside activities such as sand sledding and kayaking, we were able to sit down with them as individuals and look at what their aspirations were and how we could support them further. It has been great to see this group develop through getting to know each other at the PDYP.

MEADOW WELL SEA DOGS

The Meadow Well Sea Dogs is our kayaking group for older young people aged 16 to 25yrs. This is a good way of working with marginalised young people, to develop their resilience and motivation towards gaining employment. A small group undertook regular training sessions in sea kayaks, before completing a 4-day wilderness adventure around the Scottish Islands near Oban. Our thanks to Colin McWilliams, our local guide and Sean Thomas, for raising funding from the construction industry to make the trip possible. Visit the video section of our website to check out the film of the trip.

NORHAMMERS – END OF AN ERA

The Norhammers group have been involved with us for 13 years. We have never had a group of friends stay involved from being teenagers to reaching the upper age limit. They have been involved in; social activities, group work, residentials and various informal education projects including the 'Pissed and unprotected' film about risk taking. In addition to this we have supported them all on a one to one basis over the years and on a whole range of issues including; employment, domestic abuse, education, parenting, relationships, bereavement, housing and finances. We have supported them; practically and emotionally and it has been a privilege for us as workers to have been part of their lives for so long and see them grow from young women into adults, and most of them are now parents, so it is not just them we are saying goodbye to but also their children. We agreed to take them on a farewell residential to the Lake District and 7 of the original 13 were able to join us. Whilst away they took part in; group canoeing, raft building, crate stacking and zip wiring. They also spent time making a film that we can use as a promotional resource. The film will explain; why they got involved, why they stayed involved and how they have benefitted and why they think other young people should get involved. Before we set off, they presented us with a large picture frame full of photos from over the years and they had all written us a letter. (Becky has a severe fish allergy…hence the fish references!).

What a journey…13 years of memories with the Phoenix. We have experienced so many things we may never of had the chance to do especially when younger. So many good times, too many to remember in fact…yous are like a second family to us all. The door is always open at the PDYP (when Mike is not stressed). You are always willing to help anyone and everyone and the opportunities you have not only given to me, but Halle as well will never be forgotten. You are amazing people who do amazing work…if only the Phoenix could run past 25 you would still be stuck with us (I bet Mike put the age limit on when we joined) I hope you are still around in 8 years so Halle can grow up loving the Phoenix like we did. Thank you for everything as a group and as a mother. We will miss you so much. **Love Jess and Halle x**

PHOENIX DETACHED YOUTH PROJECT

Dear Rebecca and Mike,
Thanks for taking us to place we like.
Feel lucky to have met you 13 years ago.
When we were young and wild, to quad biking, to canoeing,
to nights away, to pissed and unprotected, even though Eva ran away.
I just wanna say we never just came for the food;
we actually love you and sorry for being rude.
Yous are special people and I just can't explain
But you impact people's lives every day
Becky has taught be to wear a seatbelt,
Making her flip is something I regret.
I also apologies for eating too much fish,
Yous put up with our craziness
But I'm sure we've been a big miss.
You are genuinely amazing humans with hearts full of gold,
Out on the streets meeting young people in the cold.
I appreciate the time yous spend working with us,
Even though we always made some kinda fuss,
I always speak highly of you all,
For picking us up whenever we would fall.
And providing opportunity after opportunity,
You really are the heart of this community.
I feel so happy for the future kids to walk through the Phoenix door and experience what we have had over the years and more.
Love Nicole x

I just want to say thank you for all the experiences and opportunities yous have given us. Yous have been an ear to listen in some of my darkest days and gave me the support I needed that send me in the right direction. Yous have watched us all grow from 14 year old kids to becoming mothers and having our own children and been there every step of the way for us which I couldn't be more grateful as being a single mam you support for me and Ava has been amazing over the years. Like Jess says, I hope yous are all still doing this when Ava is older so she can enjoy the adventures we all had. Yous have made our friendship group become family and I feel blessed. Thank you again for everything. **Love from Sarah and Ava xxx**

Mike and Becky, Mecky and Bike,
I just want to thank yous for the support shown over the last 13 years. My friends are like my family and I feel like yous are too. Yous are a massive part of our childhood and our adulthood too. Yous get our humour and like Darth Vader we welcomed yous to the dark side (muhaha). When I think of the Phoenix it brings me so much happiness. All the memories we were able to make because of the love, support and time you gave. A friend whenever we needed one. Always willing to lend an ear, even through our hard times. Yous are one in a million and I'm so grateful for that one day when Mike and Kerry turned up outside the school gates. I hope others are as lucky to get out and put into the Phoenix like we have. So, here is to our last residential…not like yous will be getting rid of us that easy anyway! Love ya Grandpa Burgess and Fillet 'o' Fish Becky…
Love Misha xox

Thank you for all the amazing experiences, some of the best days of my life were spend with the girls and the Phoenix. We zip wired, we rock climbed, we even went through a cave, we ate A LOT of food, we camped, we sang, but most of all we had the funniest times! You have been support to us even when you didn't know it. I wish I could do the Phoenix until I was 40 but someone put an age limit on it! I hope my children get to experience something as special with their friends.
Always a Norhammer, **Love Katie and Frankie xxx**

Where have the years gone? 13 years of being in the Phoenix and I couldn't be more grateful to have spent it with yous. From taking us quad biking, canoeing, Alton Towers etc to helping us prep to become mothers. Yous have been there for me on my darkest days and situations I never thought I would see myself in. Yous stood by me, reassured me and kept me sane. Most of all, yous believed in me and helped me fight my corner. I am so grateful for the Phoenix and so sad our journey has come to an end but in a few years' time it will be the start of an amazing journey for our kids. Thank you so much for being a huge part of our childhood and adulthood. We wouldn't be us, without you. **Carneigh**

To the Phoenix Detached Youth Project,
Our journey started when I was just 12 years old, I can tell you with hand on my heart yous have given me some of the best memories with my favourite people. We started out as a girl's group, going away on residentials and doing activities. There's not a lot of teenagers can say they've had the opportunity to go mining, kayaking, abseiling, quad biking, gorge walking, leap of faiths and trips away with their friends to theme parks. Moving past this we are all grown up and had to start adulting (ew) and every single one of us has been hit with a struggle or problem we couldn't solve, and we all turned to the same people…YOU! You as people have gained our trust, our respect and our love! Yous are truly amazing and the efforts, determination, love and care you put into your job is so warming and inspirational. You should be proud of the work you have done and the achievements yous have made. **Love Tal x**

PARENTS GROUP

Over the last year we have continued to have existing and new parents get involved. Due to the various ages of the children (ranging from newborn to 7-year olds), different nursery and school times and parents' employment, college or childcare commitments, we mainly arrange various activities with smaller groups and with children of similar ages. Pots and Pancakes continues to be a popular choice with parents and their children, from doing hand and footprint keepsakes with new-borns, to various multi coloured frogs and unicorns! Soft plays, Adventure valley and Beamish Museum are favourites throughout the year and parents with older children enjoyed a fabulous residential to Beadnell where they enjoyed playing on the beach, rock pooling and fish and chips in Seahouses. Some of the mums raised £1000 through The Key which enabled 8 mams to enjoy a well-deserved spa day and the rest was used to organise an inter-generational afternoon tea with arts and crafts and an amazing raffle at Chirton Lodge. Throughout the year we have wider events and invite all the parents and their children, and this happens at Easter, Halloween and Christmas. This year for the first time we held or Christmas party at Chirton Lodge and invited all the residents to join us. There was a lovely atmosphere with residents joining in with pass the parcel and singing Christmas songs with Santa.

As well as the social activities many of the parents get one to one support from us and thanks to The Elswick Lodge Trust we are able to provide grants to purchase essential items for them and their children e.g. stair gates, baby equipment, school uniform and household items.

POWER GIRLS

This group of young women got involved as a result of us meeting them during our lunch time sessions at Norham High School. Over the last year they have been involved in a range of activities and were one of the groups to benefit from a residential to Beadnell. They appreciated the chance to have a change of scenery and spend time together, it also gives everyone a chance to get to know each other better. In addition to this they were successful in securing funding from The Key and used this to treat themselves and some friends to a day trip to Flamingoland, horse riding and a meal at ZaZa Bazaar. We look forward to seeing what they plan for the coming year.

RESIDENTIALS

We have always put a high value on residentials experiences at PDYP, believing that due to the time you spend with young people, and the impact of being outside of normal settings, you can get to know a lot about each other and achieve a lot in the short space of time. This year has seen us increase our residential capacity to 8 separate residentials and a total of 19 nights away to places including; Hexham, the Lake District, Oban and Beadnell bay. We have had some great experiences with young people and each person has their own reason for coming away. For some, it's a chance to learn new skills, go on an adventure and push what they think they are capable of.

or others, its respite, the chance to get away from stressful situations, and possibly the only form of holiday they might get. We couldn't thank our partners enough, including Adventure holidays for the continued use of Daleby House, Active North Tyneside for partnering with us on both the Club 1 and ToGetHer residentials to High Borrans and also to Norham High School, who invited us to be part of their 2-night stay at Broomley Grange.

"I've really enjoyed my time away; I was very very anxious coming away because I didn't know anyone. I thought it would be a good opportunity for me to grow as a person and I feel like I have".
Young woman

"It's been great at High Borrans; all the staff have been really comforting and supportive during activities and even in the free time and stuff. It is a lot nicer than coming with schools and stuff because your allowed to be curious. Like when they said we could explore the grounds I just thought it was mint, it's amazing".
Young woman

SUMMER PROGRAMME

The summer is always a busy time at the PDYP as some of the restrictions of other times of year are lifted, such as fitting things in after school and the amount of hours of daylight. It's a great chance to blow off steam and fill both the young peoples and staff's days with fun. This summer saw us working with 71 young people in crisis or in need of support. We ran 31 activities (not including residentials) and had 221 interactions with young people from this. We had 4 nights / 5 days of residential for 22 different young people and 4 detached sessions/outdoor events.

ToGetHer

After the success of the pilot project this group for young women has continued to meet. Over the last year 26 young women have been involved with ages ranging from 13 – 25 yrs. The purpose of the group is to provide young women with a safe and supportive space to meet other young women. The strength of the group is the diversity of young women involved, different; ages, backgrounds, cultures and life experiences. Despite the differences between individuals it has been fantastic to see the support offered to each other and the way in which new members have been included. Thanks to funding from Active North Tyneside's Community Fund and The Joyce Trust the group have been able to enjoy a wide range of experiences and we have alternated between informal sessions at PDYP to trips out which have included; surfing, silver jewellery making, Escape rooms, Beamish Museum and trampoline parks. The ultimate aim was to take some of the group on a residential and thanks to working in partnership with Active North Tyneside, and the funding from The Joyce Trust, we were able to have a weekend in High Borrans, Lake District where the young women took part in caving and a walk in pretty chilly and soggy conditions. It was fantastic to see them become more confident over the weekend. As part of the weekend we made a film, which is available on our website, and here is a selection of quotes from the young women:

"I want to say thank you for bring us here because I always dreamed to come to a place like this, basically this is my big wish come true, so thank you for bringing us here. I am enjoying it so much here; it is so beautiful and amazing. I never thought I would come somewhere like this. I don't have words to explain it. My weekend has been so good, and I am never going to forget these days. They are priceless for me. The best days in my life".

"I have made quite a few friends and it's sort of made me realise that the stereotypes of girls not you know being nice to each other is completely not right".

"It's beautiful, it gives you the chance to disconnect from social media and it gives you a chance to actually, you know, find out things about other people and find out how other people deal with things".

"I would like to say what a privileged and a joy it was to meet such an amazing group of young women, who all seem to find fantastic ways to support each other and themselves through their difficult and amazing life journey. Although the weekend at High Borrans was such a small part of this journey, I hope it allowed everyone that weekend the space they needed for themselves to be able to grow and shine in their own magic ways. It was a pleasure to be part of their journey. Looking forward to working with the project again, and hearing about how they develop and grow along the way". Dawn Elliott, High Borrans

In addition to the groups above, we continue to meet groups of friends through detached work and our sessions at Norham High School, who do 'one off' activities with us. We look forward to continuing to work with them so they become more established groups and are able to develop more specific pieces of work with us.

ONGOING YOUNG PERSON LED PROJECT AND ONE TO ONE WORK

CUTS BOTH WAYS

We have now been doing preventative work around knife crime since 2009. We believe preventative dialogue and education is vital in teaching young people about the consequences of carrying or using knives. Over the years we have completed a range of projects with the most effective being community or young person led. We were approached by one of our ambassadors and her mother, who sadly lost their brother/son in 2016. The family were keen to make a hard hitting film about their story, highlighting the effects on the victim's family, the ambulance and police staff and also include a young person's view from a victims and perpetrators perspective (young people we have worked with). This is currently being developed to use in schools as an educational film to create discussion and debate amongst the young people and their communities. It is to make society think about the impact that knife crime has and the consequences for everyone to take responsibility including young people, parents and organizations and how we can create change. The film was due to be finished but has had to be put on hold and will be reported on in next year's Annual Report. We are currently working closely in partnership with VODA, Newcastle Falcons Rugby, Police, NHS, local young people, North Tyneside Council (Educational Team) and Public Health North Tyneside to achieve an effective resource for educators of young people such as schools and youth workers.

In addition to this we were approached by the National charity Crimestoppers to take part in a National podcast on knife crime. As part of the preparation for the podcast Crimestoppers spent a day at PDYP. Project staff and local young people spoke to them about our work and showed them round the estate. We were on the podcast panel, alongside a worker from Streetwise and Sylvia Welsh, whose son sadly died as a result of being a victim of knife Crime. The podcast was in the format of 'Question time' and the audience were able to ask questions. There were 5 podcasts from around the Country, all with a knife crime focus. The focus of our podcast was 'Informal Education and Preventative Work'.
The podcast is available on the Crimestoppers website as part of their Community Conversations. Being involved in a podcast is a first for PDYP and it was fantastic to be recognised by a National Charity for the long-standing history we have in delivering informal education on the actions and consequences of carrying knives.

"I have been hugely impressed by all the work the Phoenix detached youth project do to improve the lives of young people in North Tyneside, and it had been great working with them to record this podcast. It shows brilliantly what we can achieve as charities working together".

Ruth McNee | Regional Manager – North East, Crimestoppers Trust.

EMPLOYMENT

The issues of finding long term secure employment, continues to be a challenge. Young people see this as one of the main issues local young people face. Given the challenges we face we continue to develop an effective system of building confidence and creating access to training for young people in kind from local businesses and improving resilience in individuals via gym passes, use of outdoor education, volunteering and residential experiences. (See Head v Heart section for information on the journey to employment residential) We are thrilled to report we have supported 27 young people into employment, 19 males and 8 females in the past year. We have also supported 12 young people into training.

HELPING HANDS

Helping Hands provides mental health and emotionally well-being support for young people from across the Borough and we continue to deliver this in partnership with Helen Heslop from Connexions, North Tyneside Council. Young people identify that it is a safe space where they can be open and honest and know they will not be judged. Due to the demand we run 5 groups fortnightly and this year, as a result of an increase in the number of referrals, we sadly now have a waiting list. Whilst young people are on the waiting list, we do offer one to one support and have termly activities so the young people can get to meet other young people and get to know us better. This year 65 young people have been involved. In addition to this we received a further 61 referrals to Helping Hands but for a variety of reasons these young people did not get involved. Where Helping Hands was not the most appropriate service for a young person, we offered alternative suggestions.

Helping Hands sessions focus on practical solutions and coping strategies to issues such as; anxiety, low mood and stress. Every young person is also offered additional one to one support and this does not have to be specific to mental health. Examples of additional support provided this year includes; identifying post 16 options including applying to university, relationships, accompanying young people to appointments as well as a sounding board for a variety of situations young people find themselves in.

In addition to the fortnightly term time sessions, during the school holidays each group identifies activities they would like to take part in. The reason we provide the activities is for a range of reasons and includes; giving people the chance to try something new, being out of their comfort zone but in a safe way, chance to socialise as isolation is an issue for some group members and also to have fun. Over the last 12 months activities have included; escape rooms, sea kayaking, Pots n Pancakes, Laser quasar, meals out, trips to local museums including Beamish. One of the groups also took part in an overnight residential to Beadnell, which was the first time they had been away as a group and gave everyone the opportunity to get to know each other better.

We have been delighted that several members of Helping Hands have become PDYP mental health ambassadors and health champions and developed the 'Help Yourself' mental health leaflet and made a film for GP's called 'Good Practice'. There is more information on this in the Ambassador section of this report. Young people from across all 5 groups also painted positive messages and images on rocks as part of North Tyneside's world mental health day event.

"The CAMH Service have a good working relationship with 'Helping Hands'. We will often refer young people who are struggling with their mood, anxiety and experiencing social isolation due to their mental health difficulties. Becky and Helen are fantastic at engaging young people who are often anxious or reluctant to join in any groups or meet with other professionals. We make referrals to "helping hands" to compliment the work we are carrying out or as an alternative to the young person having to be in a mental health service when they do not need to be. Quite often young people are experiencing mental health problems but do not necessarily need to be in a specialist mental health service. Becky and Helen are very skilled in supporting young people experiencing mental health difficulties and the young people also find the groups helpful even though a lot are reluctant to attend initially. We have seen lots of positive outcomes for young people we have referred, and it is so helpful that there is no time restriction in relation to how long young people can access the service for". **(voices of the PMHW team, North Tyneside)**

INTERGEN

Our work with Chirton Lodge, Anchor Trust, continues to go from strength to strength.
The fortnightly shopping trips are popular and one young person volunteers with us so for any resident unable to leave their flat, we are able to get their shopping for them.
One woman told us 'you keep us alive by taking me for my shopping and it's the only time I get to leave my flat'. The shopping trips provide a chance for social interactions as well as practical support.

In addition to this we have had several activities this year including a trip to Seahouses for crazy golf, fish and chips and discussions about differences and similarities between the generations. One of the other highlights was 3 of the mums raising money via The Key to provide a free event for Chirton Lodge residents, young parents and their children. There was an amazing afternoon tea, face painting, glitter tattoos, hand massages, nail painting and an impressive raffle. There was a fantastic atmosphere and positive feedback from everyone attending.

"The highlight for me was the friendliness of everyone & meeting people and socialising". **Chirton Lodge resident.**

For the first time we had the parents group party at Chirton Lodge, and it was fantastic to see some of the residents joining in with playing pass the parcel and singing Christmas songs with the children and Santa. We are also very grateful that they have allowed us to use their lounge and kitchen facilities for us to use with other groups of young people throughout the year.
Sadly, several of those we have been very close to over the years, have passed away this year and we will miss them and their kindness.

LGBT

Although we don't run a specific LGBT group, we continue to support young people on a one to one basis and are able to refer young people who want group support to The Base, Barnardos.

MEADOW WELL NOTES (COMPLETING THE CIRCLE)

Meadowell Notes has changed its look this year. Sadly, due to the loss of our partner, Note Studio, we have had to adapt the delivery of these sessions, but like the Phoenix we are named after, we have found a way to come back with this and deliver it with no detrimental impact on young people. We continue to deliver the Explore Arts Award to groups of young people at Norham High School, giving them the chance to learn skills in music production, Djing and lyric writing. These sessions have been a great way for young people to explore and express their ideas and emotions through a creative outlet. These sessions are now delivered in the High school instead of at a studio, with the musicians bringing the equipment to the young people. Alongside this we have been piloting an after-school music project which has had several young people engage and start to express themselves through music.

MENTAL HEALTH

In addition to our 'Helping Hands' work we also offer a lot of one to one support for young people regarding their mental health and emotional well-being. Mental health impacts on young people in so many ways and for so many different reasons.
Sometimes young people just need someone to give them some; time, a listening ear, a chance for a walk or a change of scenery or escaping for a cuppa and because of the flexible and responsive way we work we are able to do this. For some young people they need more specialist provision and this year we have supported young people in accessing a range of professional services.
Self harm and suicidal thoughts impact on young people we work with and we will continue to work with young people holistically and to be there for them.

We continue to be involved in North Tyneside's World Mental Health Day event and this year we spoke and launched our 'Help Yourself' leaflet, which has been well received. (See ambassador section). We also facilitated a rock painting session, and everyone was encouraged to paint a rock or take away a prepainted one, thanks to the Helping Hands groups! All the rocks had #tynesiderocks and #NTWMHD2019 on them so it was great to see the rocks reappearing on social media and MP Alan Campbell was taking one to the House of Commons.

N.E.E.T (NOT IN EDUCATION, EMPLOYMENT OR TRAINING)

With the constant changes in how society functions, there is the real risk that some young people will be forgotten about by the system. We continue to work with young people who fall into the N.E.E.T bracket through a range of different ways. We continue to develop group projects to keep young people engaged and to build up relationships of trust, showing that we will follow through on plans we have made together. We use this time to also identify what needs they have and then through one to one support, help them work towards their goals. This method has proved successful and this year we have supported 27 young people into employment, education or work.

PHOENIX DETACHED YOUTH PROJECT

ONE TO ONE AND CRISIS WORK

This is a significant and major part of what we do at Phoenix DYP. Over the last year we have supported young people on issues of; bereavement, employment, housing, domestic abuse, poverty, relationships, housing, parenting and health (mental, physical and sexual). We are extremely fortunate that through funding from The Elswick Lodge Trust and Alex & William de Winton Trust and donations from Newcastle Falcons Rugby Club, Churchill School, Percy Hedley Foundation and Little Blossoms nursery we can help young people practically as well as emotionally. Young people find themselves in need for a variety of reasons, but Universal credits and zero-hour contracts are often mentioned as contributing factors.. Thanks to people's generosity in the last 12 months we have given out 132 food parcels and crisis grants. Crisis grants have been used to help people with a range of things including; gas and electricity, baby equipment, household items, funeral and interview clothes. We are fortunate that our funders give us the discretion and flexibility to help people in the most practical of ways.

SEXUAL HEALTH

We continue to support young people with information on sexual health and relationships. As part of this we offer the C Card scheme which provides young people with free condoms and Chlamydia and Gonorrhoea testing. Becky continues to co-facilitate the 'Introduction to Sexual health training' for professionals in partnership with Lisa Hanson from the One to One Centre.

SKATE PARK

The skate park continues to be a great project and is constantly developing. The park continues to get a high turnout of users, old and new coming down to use it. It is also a great asset as part of our detached work, with young people at the park often stopping us for a chat as we walk round.

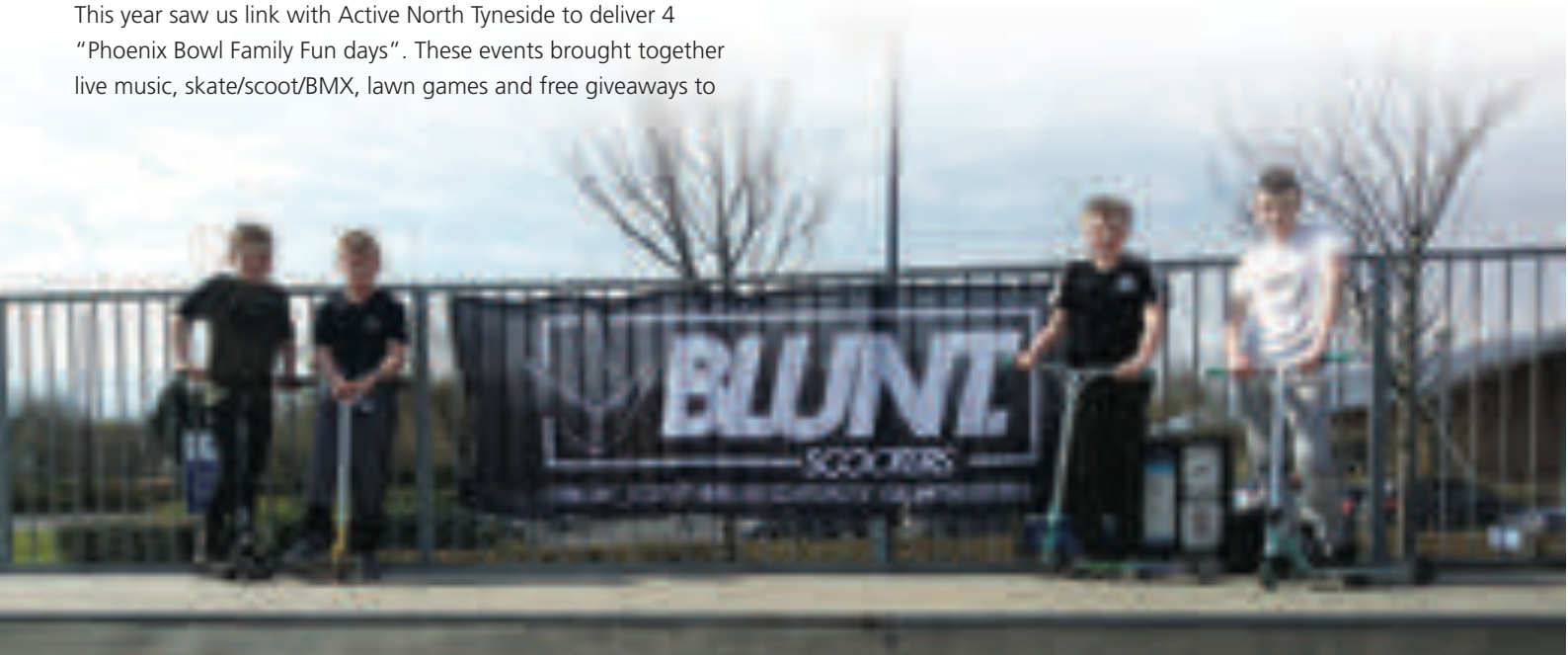
This year saw us link with Active North Tyneside to deliver 4 "Phoenix Bowl Family Fun days". These events brought together live music, skate/scoot/BMX, lawn games and free giveaways to engage a range of people from the community both old and young and encourage them to get outdoors and be healthy. We had a great response and were even donated several BMX's to give away. It was great to see the community spirit from those attending, as well as the willingness of our skate park ambassador and more experienced skate park users, to share their tips and advice with those less confident. Thank you to Ripped Knees Scooter Store for supporting us with prizes.

TAGS TO ART

North Shields has had a long and creative relationship with spray can art and this year, once again, we have been involved in some exciting projects with this. Alongside taster sessions for young people at our local street spaces, where they can develop and explore spray painting in a safe, legal and tutored environment, we also worked with Norham High School Young carers.
We spent several sessions with them developing designs and ideas for their new room/community space within the School building. We then worked with them to bring these ideas to life on the walls. The outcome was amazing and was also a chance for our young tutor to work with his old High school and pass on his skills and passions to the newer generation.

WHO AM I? WHERE AM I GOING?

This in-depth individual work around the barriers to employment young people face, continues to be a very effective way of working. Our 0 – 10 measuring system allows us to focus on and measure hard and soft outcomes. Our increased relationships built with local business and looking at effective partnership working with Connexions North Tyneside, Active North Tyneside (North Tyneside Council) and Newcastle Falcons Foundation, have resulted in our best year ever in getting young people into work.



DEVELOPMENTAL AREAS OF WORK

ALTERNATIVE EDUCATION PROVISION

How we engage young people in learning is constantly adapting, and we have always valued the strength of preventative education. For this reason, we have continued to run sessions with PALS, through the Alternative Education Provision. This year we have delivered 4 blocks of sessions to young people looking at a range of topics including mental health, sexual health, online safety, actions and consequences, healthy relationships, and drugs and alcohol. These sessions aim to pre-emptively raise awareness in young people on the topics by providing them with knowledge to make informed life choices.

PHOENIX AMBASSADORS / COMMUNITY HEALTH CHAMPIONS

Our ambassadors and community health champions are young people who have volunteered to take on responsibility for being involved with projects that will benefit the wider community in some way and this year we have been amazed at what they have achieved. Here are a few of their achievements.

CANNY BOOKS

We were approached by a parent in supporting them set up a book project to promote reading on the estate for younger children. This idea was to source books and leave them hidden in the local area for children to find and read. This provided many young children in the area the opportunity to discover a love for reading while also providing an affordable option for parents in the area.

"Canny Books is a great project to help all of our local children of all ages to read for FREE! It came about when I approached Mike with my frustrations that going to the library was just not do-able on a weekly basis around the school run and around family life. We agreed that our area needed something to encourage children to read without going out of their way of their normal day to day lives. We approached Facebook pass it on pages and a local care home for children's book donations. We decided to hide them around the local community (mainly on school runs) so children could have the excitement of finding a book and taking it home to read. This really hit off, so we created a Facebook page to track our books and spark interest across the local community. From this we have had hundreds of books donated and have hidden approx. 700 books in NE29. We have received fantastic feedback such as: 'me and me kids love reading we found 2 books so far, they love them! It's such a lovely thing to see when your kids find a book the smile and enjoyment on their faces it's just great! keep it up it's an amazing idea and great for our local area :)' and another mum from the local area said 'Such a lovely project! We found a book today and my son was thrilled! He's already read it twice and currently deciding where we should hide it for someone else to enjoy!'. By the feedback we are receiving we realise that the project is worthwhile and beneficial to our local children and we are so pleased to be creating a love of reading and look forward to expanding the project soon to more children".

PDYP Ambassador / Community Health Champion

'HELP YOURSELF' LEAFLETS

The idea for this project came about as last year there was a leaflet produced regarding support for adult's mental health and young people felt there was a need for something for young people. Within Helping Hands, we often suggest websites and apps and it was felt this could be useful information to include.

The leaflet was a joint project between 4 young people from PDYP and 2 young people from North Tyneside Council's youth council. We had a 2-week consultation period where we asked young people involved with; PDYP, CAMHS, Helping Hands, youth council and Barnardos to list where they got mental health support from. The suggestions included; websites, apps, helplines and face to face support. The 6 young people then looked at all of the suggestions in terms of how often they had been suggested, ease of finding the source of information online and how useful it looked. They then came up with a shortlist and wanted to include suggestions that covered a range of topics e.g. low mood, anxiety, self harm, suicidal thoughts, eating disorders and bereavement. They agreed they wanted a discreet leaflet that folded up small and was not obviously about mental health. Healthwatch, North Tyneside were keen to support the project and we were successful in securing a £1,500 grant from them to cover the printing costs. Launchpad North Tyneside also supported the process as they had produced the 'adults' leaflet.

We were delighted the leaflets were printed in time to launch at the North Tyneside World Mental Health Day event. 10,000 leaflets were printed and distributed to; all GP practices in North Tyneside, CAMHS, pharmacies, all middle and high schools as well as a wide range of statutory and voluntary agencies working with young people. We have had extremely positive feedback and we are inthe process of securing funding to print a further 10,000 leaflets.

"I wanted to be a part of the leaflet because I wanted to show young people that they aren't alone and there is places they can go and numbers they can call if they are feeling down". **PDYP Ambassador / Community Health Champion**

GOOD PRACTICE FILM

One of the young people from the leaflet group has also been involved in the film for GPs along with 2 other young people from PDYP. This film is a result of the request of GPs via CAMHS as talking to young people regarding their mental health was identified as a training need. The aim of the film is for it to be beneficial to GPs and young people regarding making the most of their appointment time. We would like to thank Robin Fry and Dr Dawn Linford for their support. At the last meeting about the final film the young people decided a supporting leaflet for GPs and young people would compliment the film and the two resources will be launched together once the leaflet is finished.

M.O.N.A (MOVING ON, NOT ALONE)

We now have fully designed the educational pack for care leavers. This has been a challenging task, with us first agreeing with young people in care to pilot the program. We are preparing to pilot the pack with Elm House, so that care leavers can benefit from taking part in the programme. Once completed, the pack will be printed and then used by workers from Elm House (North Tyneside Council Care Service) for young people leaving care as well as workers at PDYP supporting other young people in their first tenancy.

ADDITIONAL PARTNERSHIP WORK WITH OTHERS

ACTS OF KINDNESS

Young people often get labelled as difficult and unaware of others. Some countries invest greatly in young people's futures, the UK's approach however is ad hoc and patchy. In our experience young people have a lot to offer others and over a number of years we have encouraged young people to consider the value of doing acts of kindness for others. This in turn creates a culture of kindness which makes young people feel better about themselves and also makes them feel valued. In partnership with Newcastle Falcons Rugby Community Foundation, Active North Tyneside (N.T.C.), Little Blossoms Nursey, Percy Hedley College and Churchill High School we completed a yearlong project of Acts of Kindness. This project provided a significant number of food parcels for local young people suffering food poverty.

Young people completed a wide range of acts of kindness, here are some of them;

- One young man volunteered at the Cricket World Cup at Chester-le-Street. (Arranged by Active North Tyneside).
- Two young men collected food for the food parcels at a Newcastle Falcons rugby match in December 2019 (In partnership with Newcastle Falcons Community Foundation).
- One young man often cooks for us at events we host. He was awarded the volunteer of the year award, by VODA for his volunteering with the Walking With Project.
- One young woman arranged the collection of food at Churchill High School for our Christmas acts of kindness project.
- Our ambassadors do a wide range of acts of kindness to improve our service delivery for young people. This is covered in further sections of the report.

HEAD VS HEART

This includes the variety of work we do to provide young people with healthy activities and opportunities. In the last 12 months we delivered 91 healthy activities, and this involved 134 different young people. Activities were varied but some examples include; climbing, kayaking and trampolining.

CLUB 1

Club 1 is our young men's group ran in partnership with Active North Tyneside. Through the scheme we are able to offer 20 young men gym passes, as well as access to 1 to 1 support, healthy eating sessions and a range of additional activities. We have continued to develop the activities with the young men, and they have had the opportunity to try activities including a survival day, coasteering and watching the Newcastle Eagles basketball. Alongside this in January we took 10 young men on the 'journey to employment' residential to the Lake District to spend the weekend developing work skills, exploring their identities and sharing cultural differences at the High Borrans outdoor centre.

"The reason why I take part in the phoenix project and club one is so that I can get out the house and have a laugh with my friends. I think both of these projects are very useful to not just youths but everyone because it's not all just activities but it's support for people who may want or need it". Young man, 18 yrs

GIRLZ PROJECT

This is the women into sport group delivered by Active North Tyneside and this year we have seen a significant increase in the number of young women getting involved with 22 being given gym passes. We also worked together to fund and deliver the first young women's residential to High Borrans and more information on this can be found in the 'ToGetHer' section.

KIT BANK PROJECT

Having an increase in the number of young women accessing the gym highlighted the issue that some young people did not have appropriate clothing and trainers for the gym. This led to a conversation with Kerry from Active North Tyneside who had coincidently been approached by some female runners asking about donating gym clothing and so the idea of a kit bank was born. Cedarwood Trust kindly agreed that we could use one of their containers and some of the young women from the 'ToGetHer' group used some funding from the Active North Tyneside Community Grant to purchase; drawers, clothes rails, shoe rack and a mirror to kit out the container and spent time sorting through all the clothing. We have been overwhelmed at the high quality of new / nearly new donations we have received and there are now collection points across North Tyneside's Leisure facilities. The kit bank is well stocked for men and women and as well as providing for people needing clothes for the gym or running. It has also been beneficial to people who need clothes for a range of reasons for example; trans young people, those fleeing violence, parents and people on low incomes.

INTERNATIONAL WOMEN'S DAY

As a result of working more closely with Active North Tyneside this year, a conversation came about the potential for doing something together for International Women's day. We contacted other local organisations and were delighted it resulted in such a successful event. Active North Tyneside coordinated a range of sporting activities whilst we did rock painting with positive images and phrases. We also had a range of rocks already painted by young women from the ToGetHer Resi so even if people did not want to paint a rock themselves, they could take one to keep or hide. All rocks had the #Tynesiderocks and #NTIWD2020 in the hope we may be able to trace them on social media. Other organisations that were involved in providing activity stalls were; Cedarwood, Barnardos The Base, Acorns and North Tyneside Women's' voice. There were also information stalls from; Healthwatch, The Samaritans, One to One centre, Public Health and Rape Crisis. 46 women were involved in total.

"Working with other women's projects in the borough to organise the IWD event at The Parks was great! It was a lovely event - lots of young and not-so-young women, interesting activities, important information, good chats and talk, friendly atmosphere. Thank you, Becky, for bringing us together to do this.". **Penny Remfry, North Tyneside Women's Voices**

THE KEY

As well as our PDYP groups accessing The Key, as a staff team we have been able to be panel members for other organisations e.g. Norham High School, Percy Hedley Foundation and Tyne Met. Through The Key we were able to support some students known to us at TyneMet. They were studying sports leadership and as part of their course, had to put on an event for the community. We were able to support them with the planning and raising of funds to buy t-shirt's, refreshments and other items, which were then used to deliver a sports afternoon to local primary schools

NORHAM HIGH SCHOOL

We continue to develop our relationship with Norham High School, and this year we have been involved in a number of exciting projects. Alongside our weekly detached sessions on a Wednesday lunchtime and Explore Arts Award scheme (see Meadowell Notes heading), we have also delivered sessions during their enrichment days, looking at Healthy Relationships and Sexual Health. These sessions have been a great opportunity to meet new young people and increase awareness on these topics. Alongside this, in July 2019, we were asked to support students and staff on a 2-night residential at Broomley Grange and deliver informal education sessions during the evening, looking at; friendship, trust and respect. It was a great couple of days getting to know young people better, and we have been able to develop some new activity groups with some of the young people who were on the trip. We were also delighted that they chose us to be the focus of their 'Charities Week' and we were invited to attend a range of activities throughout the week including; watching the choir, judging a whole school cake competition and a fantastic community Bingo Night. We appreciated being involved as well as the money donated to PDYP.

PERCY HEDLEY FOUNDATION

Working with the Percy Hedley foundation continues to be a rewarding partnership. In the summer we were able to support them for the second time paddling a mile up the River Tyne from Tyne Green Hexham. It's a great opportunity, for them to try something new and show people what they are capable of. While for us to work with such an inspirational group of young people. We have also been able to support them through acting as panellists for their Key projects. As part of our partnership, they have also raised money and delivered food parcels to the project to distribute to young people in times of need, which has been vital to young people, especially over the winter when more needs to be spent on gas and electric to keep homes warm (more on this in the Acts of Kindness section).

PHOENIX CONSTRUCTION SCHEME

(In partnership with Learning Alliance (North Tyneside Council), Carney Consultancy, Access Training North East, local construction companies and the Joyce Trust)

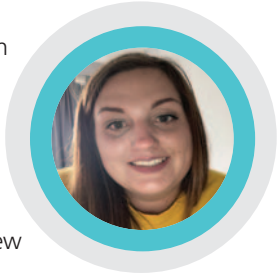
The model of pooling resources between local businesses, North Tyneside Council and voluntary sector of PDYP has become very effective. This allows the Joyce Trust Grant to have a greater impact and create positive difference in helping often marginalised young people access skilled trades in the construction industry. We continue to receive substantial in-kind funding from local businesses for training, leading to sort after qualifications in construction, we also develop links with local construction companies work placements, apprenticeships and jobs. Our role as mentors for the trainees on a one to one basis is successful, linked to our ability to encourage companies to help our charity via their corporate responsibility which improves their profile when applying for contracts of work.

All six trainees have gained qualifications and we will assist any trainees if not offered employment on an individual basis once the scheme finishes. We are looking at a possible 4 trainees gaining an apprenticeship/ employment by the end of the scheme.

"After being introduced to the Phoenix Construction Scheme we felt we were in a perfect place to help Mike and his team reach their goals in supporting young people. We understand that because of the P.A.S.M.A training undertaken that this has helped numerous attendees obtain apprenticeships in the construction sector. These apprenticeships are life changing employment situations for young people and also increases their self –esteem at street level, and we are proud to be involved". **Terry Forster, North East Access Training Limited**

REECE ALLEN AWARD 2020

This award has been given in memory of Reece Allen who sadly lost his life in 2016. We had worked with Reece for 11 years and the PDYP and his family wanted to create a legacy in his name.



The award is in recognition of the contribution to the local community by a local young person. This year's winner is Beth Millington. Beth is a fantastic ambassador and health champion for PDYP and does a lot for the young parent's group, including recruiting new members, as well as supporting residents from Chirton Lodge as part of our fortnightly intergenerational shopping trips. She has previously initiated healthy eating on a budget courses for young parents and she was also one of the first young women to get involved and welcome others to the 'ToGetHer' young women's group. Beth has an infectious laugh and smile and goes out of her way to help others, no matter what. She is a credit to herself and PDYP, we will miss her when she turns 26 later in the year.

"We chose Beth as this year's winner as we think it's great what she is doing for the community helping the aged and learning and educating other young parents on nutrition on a budget and also how she has made a better life for herself and her kids". **Sylvia Welsh, Reece's mam.**

"Thank you so much, I am so happy to have won this year's award it truly means a lot to me , I always try and do good for others even if it's just a video call to see how someone is in the current situation. The Phoenix have helped me above and beyond which I am so thankful for, I wouldn't be the person I am today if it wasn't for their help and they are inspiring so many to become better versions of themselves and I would like to do the same". **Beth**

INVESTORS IN YOUNG PEOPLE AWARD – OUTSTANDING LOCAL PARTNER

This year's award goes to VODA. This journey has been going since our creation in 2004, and continues to grow and develop. Led by Robin Fry, his dedicated team work tirelessly behind the scenes to support key aspects of the Phoenix Detached Youth Project. Some areas of support we contribute towards, but others are given in kind. The finance team of Mark, Juliana and Colin assist and help us manage finances, annual accounts, pay roll and budget reports for funders. Frank supports me when I am tearing what little hair I have out over a whole range of funding bids, supporting us to gain our latest lottery funding. Why VODA? They are a can do, proactive team of workers with support on business and policies Thanks for all their contributions which help us deliver such high quality and professional service to local young people.

"Working alongside grassroots organisations like Phoenix Detached Youth Project is what VODA is all about. It's amazing what can be achieved by a small but highly skilled and passionate team. We've been able to offer a wide range of support from accountancy services to funding and governance advice. I'm delighted that the staff and Trustees at Phoenix Detached Youth Project have chosen to recognise this support by offering us this award". **Robin Fry, Chief Executive, VODA**

INVESTING IN YOUNG PEOPLE AWARD – LOCAL BUSINESSES 2020

This year we have decided to give out multiple awards in recognition of the continued support we have received from a range of local businesses. We appreciate the massive increase in what added value and benefit they bring to young people and PDYP. We would like to celebrate and thank the following companies for giving local young people a chance through supporting our Construction Scheme. The Investing in young people awards – local businesses 2020 winners are;

- Carney Consultancy
- Compass Developments
- Gary Clark Construction
- JTL Scaffolding
- Team Build Construction Ltd.
- Tynemouth Decorators
- Vinci Construction
- White Knight Maintenance

FUNDING

We continue to seek and be successful in securing funding for the sustainability of the project. We could not maintain the huge variety of work we do without the support of funders for things including, staff wages, running costs and activities, and for this we are extremely grateful. One benefit of having support from our funders and following the strategy of seeking long term funding for staff posts has allowed us to concentrate on spending time building relationships with local businesses. Most businesses are aware of their corporate responsibility in supporting their local community's needs by investing in local Charities. The benefits of in-kind funding and grants to help groups of young people and individuals in crisis, and the networks they can offer, has been fantastic. We believe by unlocking the potential of local businesses, this has increased training and job opportunities for young people to record our most successful year yet, with 27 young people into work and 12 into training. By pooling resources with North Tyneside Council departments, this has also allowed us to achieve and deliver better outcomes for young people, with the support of local Councilors, the Mayor and Senior Management.

Our continued work with Public Health North Tyneside also allows us to tender for the Health and Wellbeing contract for young people living in NE29. This statutory funding from North Tyneside Council shows commitment locally which in turn impresses national funders to engage such as the Community Fund. To all our funders, thank you for making a difference!

"We continue to fund the Phoenix detached youth project for so many reasons. Their knowledge of the local community; their ability to use this knowledge to see what support is needed for each individual; the trust the local community have in their staff and above all their staff , Mike, Becky & Luke who are so caring, hard working and professional. We know that our donation is always used to the greatest affect - whether its providing a Helping Hands session for a group of vulnerable young people or supplying a box of nappies to a family in need the Phoenix cuts to the heart of the problem". **Alex & William de Winton Trust**

"WHAT PEOPLE SAY" ABOUT PHOENIX DYP

"The Phoenix Detached Youth Project is without a doubt one of the greatest assets to this community. Working in partnership for many years has seen individuals within our community flourish, but, this last year especially has seen some amazing achievements. We take this opportunity to thank the whole team, but especially Mike, Luke and Becky for their ongoing support within and outside our school. This includes our collaborative residential last year to support vulnerable children or those with SEND, the excellent weekly "Music Collective" that raises self esteem of our children and the exceptional Arts Award work with Year 7. However, it does not stop there. Mike and his team have also been vital in their Key Fund work, the Helping Hands Group and of course, their 1:1 work. Becky is seen regularly in and around school, children gravitate towards her, seeking her help and support--this is critical. At the same time, Luke is seen as a role model, especially to many disengaged, vulnerable or "at risk" boys - his support really does help to keep students focused on "doing the right thing" in a world where it is so easy to do the opposite. Finally, the way in which the team support our "Respect / Careers Days" is, as I would say, "absolutely fantastic". We can't wait to see what else our partnership work brings this year because quite simply together, we are stronger". **Terry Conway, Head teacher, Norham High School**

"This partnership has been developed over the years to support a number of local young people who are from disadvantaged and challenging backgrounds. North Tyneside Council adult learning service and the Phoenix detached youth project, work closely to focus on employability, readiness for work, construction level 1 and maths and English, as part of their study programme. Phoenix DYP work tirelessly to engage young people to think about their progression routes and to gain employment. Mentor support is a key part in the success of this programme. PDYP works intensively with the learners to give advice and support. This enables them to focus on their vocational training. The learners are inspired to be better and to have aspirational ideas about what they can do rather than what they can't. The partnership uses contacts to set up work experience placements for the young people in local businesses with a view in achieving positive progression routes into employment when they finish the course. Relationships are developed with local partners to enhance the programme by giving the learners opportunity to achieve relevant certificates to increase their chances of gaining employment. For example, they are offered: Health and Safety awareness, and Working at Heights, Abrasive wheels, Asbestos Awareness, CSCS card amongst others. This programme is designed for a small cohort allowing them to experience individualised learning and to progress at their own pace. This partnership has developed over time and has constantly recognized the skills and aptitudes of all involved. The learners greatly benefit from this relationship where all Partners are heavily involved with planning for positive progression". Lynn Norris, Programme Manager, Employment and skills, North Tyneside Council

"Carney Consultancy are proud to support The Phoenix Construction scheme, with in kind funding of £2,000 towards this year's scheme which has allowed us to support six trainees gain five good construction qualifications needed for working in the industry. We have also assisted in linking the scheme to potential construction placements with local companies for trainees. We are keen to continue to assist, where we can be of value, to Mike and his amazing team and partners, to build on the success of the scheme. As an industry it is important to create opportunities for future careers in construction industry for young people".
Angela Carney, Managing Director, Carney Consultancy Limited

"The unique approach and ambition of the Phoenix detached youth project continues to make a real and lasting difference to the lives of many young people in North Tyneside, through the range of diverse projects they deliver. This year young people from Phoenix were involved in designing the 'Help yourself' leaflet which is a really useful and practical resource that all young people can use to look after their mental health and wellbeing. Thanks for all the fantastic work you do!". Rachel Nicholson, Senior Public Health Manager, North Tyneside Council.

Club1 Lads & Girlz
The Phoenix Detached Youth Project (PDYP) provides excellent support in helping Club1 Lads and Girlz projects by providing the majority of our referrals. Due to the excellent partnership, Active North Tyneside work closely with the participants to get them active whilst PDYP find a route into employment for the young people. The efforts to work alongside PDYP has been a great success, due to their hard work and reputation within the Meadow Well and Riverside areas, we have been able to utilise this to great affect yielding positive results by delivering activities, events and working closely with individuals together.
Due to building a strong relationship with the charity this has allowed us to develop the Butterflies and Lions session and other community projects. We have worked in partnership to deliver sport taster sessions at Percy Main Primary School for children aged 8-12 years old and delivered various Phoenix Bowl Family Fun Days at The Parks Sport Centre.
The Phoenix Detached Youth Project have also been a great asset to the Club1 Lads and Girlz projects by providing transport for several events such as the residentials, sport taster sessions and sporting events. They have also provided their equipment for kayaking to provide new opportunities for the Club1 Lads project. This has resulted in the Active North Tyneside projects saving money to put towards other opportunities for the participants. Together, we have also been able to help signpost participants into community sports clubs. For example, we worked together with Newcastle Falcons who have help provide equipment and clothing so that 2 of our participants that we work with could play and volunteer at North Shields Rugby Club. Other participants have joined boxing, basketball and cricket clubs". Michael Scrafton, Leisure & Well-being Activator, Sport & Leisure

Thank you to everyone who supports the Phoenix Detached Youth Project and especially our funders:

National Lottery Community Fund
Tudor Trust
Alex & William de Winton Trust
Henry Smiths Charity
Dept of Public Health, North Tyneside Council
Ron & Louise Bowey Fund
The Joyce Trust
Community Foundation Tyne & Wear Northumberland
Active North Tyneside, North Tyneside Council
Carl Craven Plumbing
Carney Consultancy Ltd.
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Elswick Lodge Trust
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Gary Clark Construction
Graham Exley (Health and Safety consultant)
Greggs Foundation
Healthwatch North Tyneside
JTL Scaffolding
Little Blossoms Childcare
Newcastle Falcons
Norham High School
North East Access Training Ltd.
Percy Hedley Foundation
Ripped Knees Scooter store
Team Build Construction Ltd.
The Key
Tynemouth Decorators
Vinci Construction
White Knight Maintenance
WJR Financial Solutions

As well as individuals from across our Community

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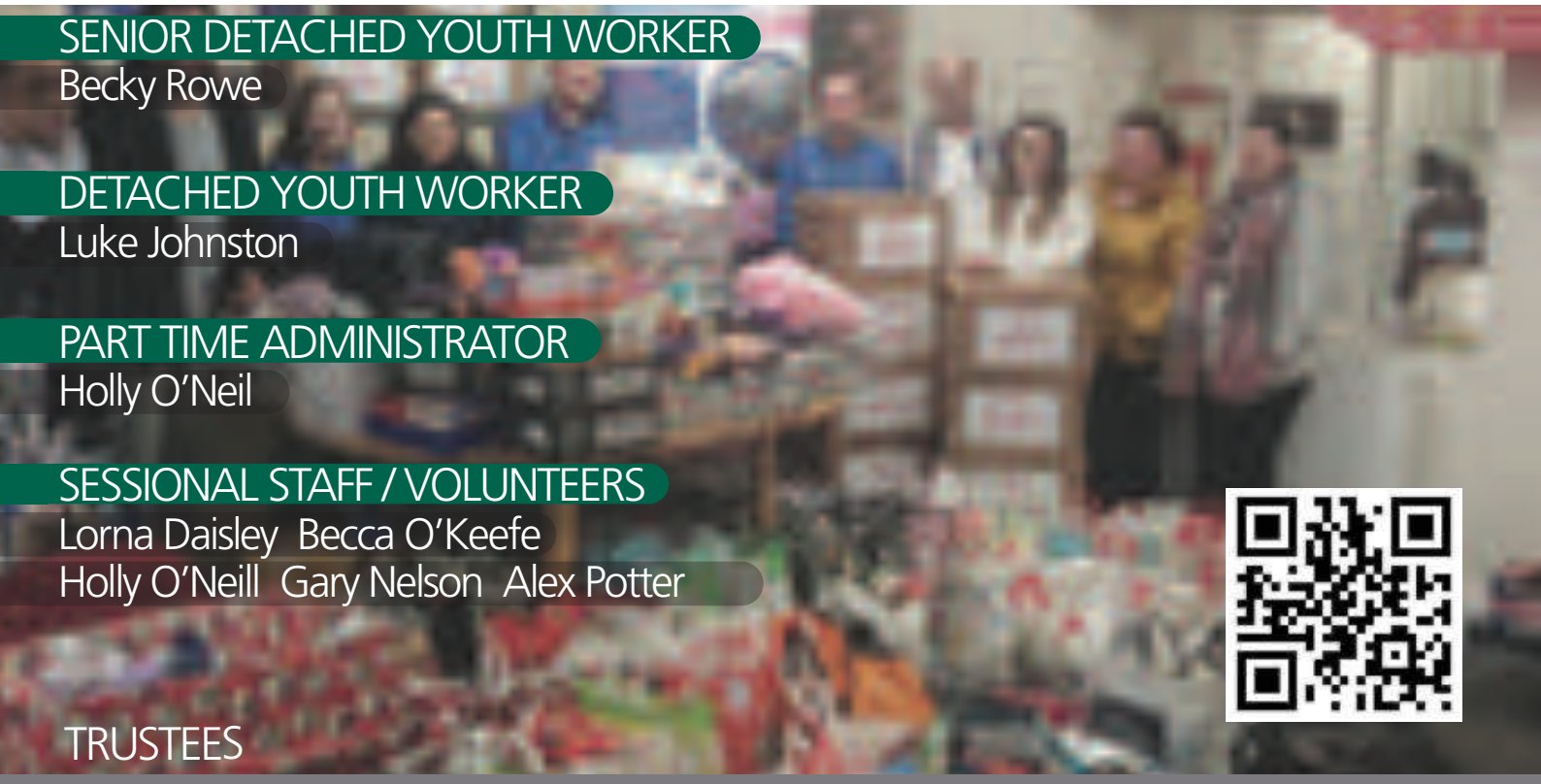

SENIOR DETACHED YOUTH WORKER
Becky Rowe

DETACHED YOUTH WORKER
Luke Johnston

PART TIME ADMINISTRATOR
Holly O'Neil

SESSIONAL STAFF / VOLUNTEERS
Lorna Daisley Becca O'Keefe
Holly O'Neill Gary Nelson Alex Potter

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